

# Fraud, Waste, Abuse and Compliance Update 2023



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"It's just the new Compliance Officer. Administration wanted him to have more visibility with the staff."

# Take away Messages

- Costs Taxpayers Billions \$ each year
- Review of what constitutes Fraud and Abuse
- Consequences for all levels (intentional and unintentional)
- Examples of Documents received at VMG that are suspicious for Fraud

# FRAUD

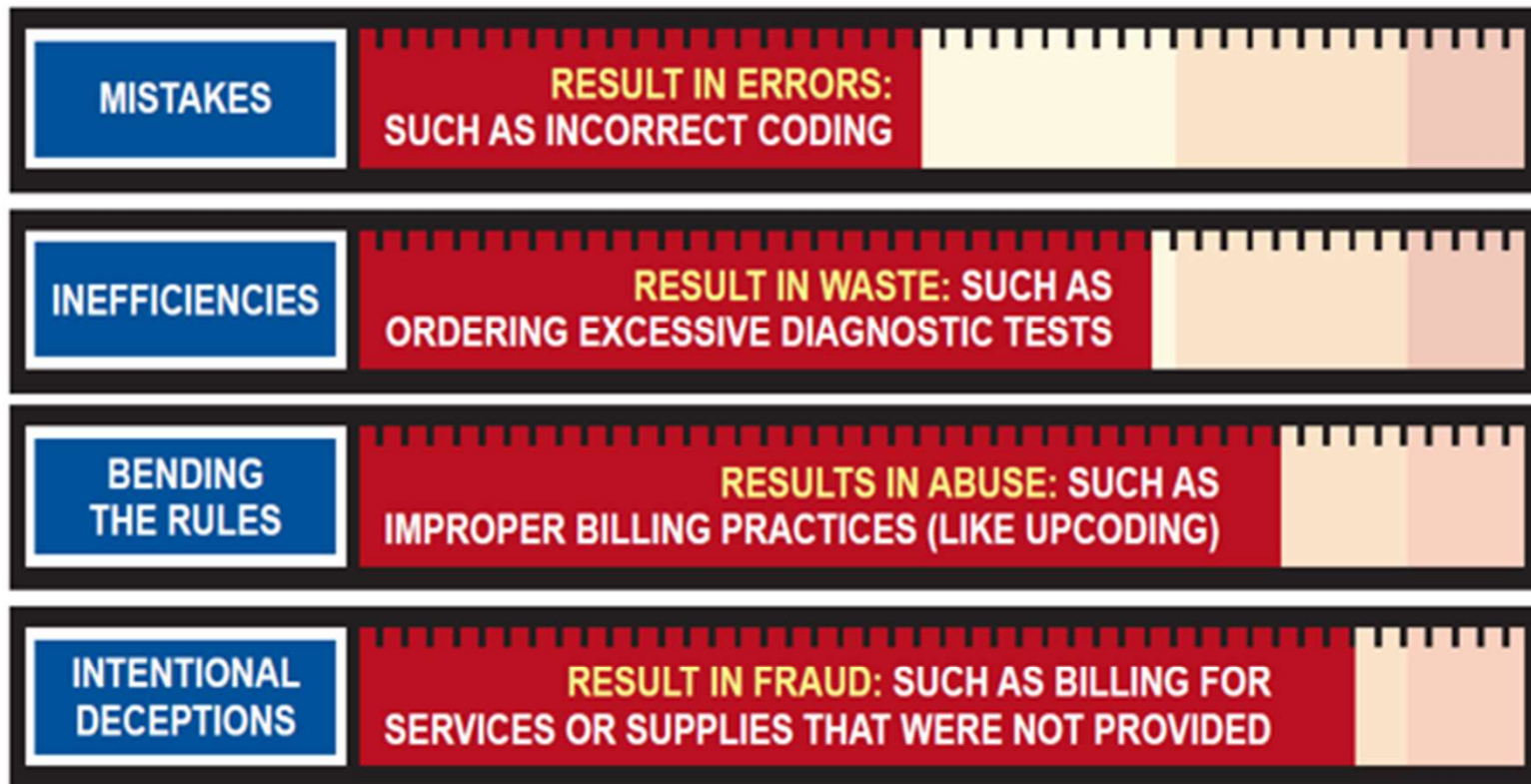
- Knowingly making false claims or misrepresenting the facts to obtain a Federal health care payment either in excess of benefits or when no entitlement to benefits would normally exist.
- Knowingly soliciting, receiving, offering, and or paying remuneration to induce rewards or referrals for items or services reimbursed by a Federal health care program

# Abuse (includes Waste)

- Billing for unnecessary medical services
- Charging excessively for services or supplies
- Misusing codes on a claim such as upcoding or unbundling codes
- These include Mistakes!

Program integrity encompasses a range of activities targeting various causes of improper payments. Figure 1 shows examples along the spectrum of causes of improper payments.

Figure 1. Types of Improper Payments\*



\* The types of improper payments in Figure 1 are strictly examples for educational purposes, and the precise characterization of any type of improper payment depends on a full analysis of the particular facts and circumstances. Providers who engage in incorrect coding, ordering excessive diagnostic tests, upcoding, or billing for services or supplies not provided may be subject to administrative, civil, or criminal liability.



# Examples of Documents suspicious for Fraud Received at VMG

- ❖ HIPAA compliant physician authorization to confirm an active patient- These come in “Spoofing” a legitimate pharmacy and are designed to obtain a provider signature to be used to order unnecessary services and DME equipment
- ❖ Genetic Testing- These come as a lab order from a far away state, to be authorized “as requested by patient or provider” when in fact neither has asked for it!
- ❖ Back, Elbow, Knee braces, Pain Cream –These also appear legitimate and may state “as requested by provider or patient”.

*Remember, it is only Fraud or Abuse if VMG does not identify and deny the unnecessary services being asked for. Best way to handle these in the inbox is to mark as suspicious for fraud and delete them.*

# Examples of Documents Suspicious for Fraud

## HIPAA Compliant Form



### What is the purpose of this Form?

This is just an active patient authorization form to confirm whether the patient is still under the care at this office or the patient has changed or switched to another Provider so no clinical or office visit notes of the above mentioned is required. Office notes, face sheets, history and physical, consultation notes, inpatient, outpatient and emergency room treatment, all clinical charts, reports, order sheets, progress notes, nurse's notes, clinic records, reports of consultations, documents, correspondence, test results, statements, questionnaires/histories, are not required.

### Section 1: Patient Information

|                                       |
|---------------------------------------|
| Full Name: [REDACTED]                 |
| DOB: [REDACTED]                       |
| Gender: Male                          |
| Member ID: [REDACTED]                 |
| Address: [REDACTED] Florence MA 01062 |
| Patient Phone: [REDACTED]             |

### Section 2: Provider Information

|  |
|--|
| Provider Name: Dr. Jared Feinland MD             |
| Address: 238 Northampton St Easthampton MA 01027 |
| Phone: 4135299300                                |
| Fax: 8009440870                                  |
| NPI: 111498460                                   |

- Please confirm whether the patient is still under the care at this office.
- Please fax this form back within 48 hours so that we can follow up with you on patients refill accordingly.
- If the patient has changed or switched to another Provider please mention providers name below.

I undersigned; certify that the above patient is under my care and being treated at our facility. I certify that this information is true and correct and as per as HIPAA Compliance. The above mentioned information will strictly remain confidential.

Treating Physician OR FNP Signature  
NPI:

Date

Phone: (786) 802-6155  
Return Fax: (786) 551-4363



## PRIOR AUTHORIZATION PRESCRIPTION REQUEST FORM FOR HIP ORTHOSIS

Please Send RX Form & Pertinent Chart Notes Fax No: (7578915126)  
PLEASE SEND THIS FORM BACK IN 3 BUSINESS DAYS

|                                    |                                     |
|------------------------------------|-------------------------------------|
| Date: 04/14/2021                   | Physician Name: Dr. Marguerite Gump |
| First: [REDACTED] Last: [REDACTED] | NPI: 1982604328                     |
| DOB: [REDACTED]                    | Address: 329 Conway St              |
| Address: [REDACTED]                | City: Greenfield                    |
| City: South Deerfield              | State: MA                           |
| State: MA                          | Postal code: 01301                  |
| Postal Code: 01373                 | Postal code: 01301                  |
| Patient Phone Number: [REDACTED]   | Phone Number: 4137746301            |
| Primary Ins: MEDICARE              | Fax Number: 8666440871              |
| Policy#: [REDACTED]                |                                     |
| Height: 5.5 Weight: 250            |                                     |

This patient is being treated under a comprehensive plan of care for hip pain.  
I, the undersigned, certify that the prescribed orthosis is medically necessary for the patient's overall well-being. This patient has suffered an injury or undergone surgery. In my opinion, the following hip orthosis products are both reasonable and necessary in reference to treatment of the patient's condition and/or rehabilitation. My patient has been in my care regarding the diagnosis below. This is the treatment I see fit for this patient at this time. I certify that this information is true and correct.

DIAGNOSIS: Provider can simply cut off the diagnosis which they don't find appropriate

- M16.6 Other bilateral secondary osteoarthritis of hip
- M16.2 Bilateral osteoarthritis resulting from hip dysplasia
- M16.4 Bilateral post-traumatic osteoarthritis of hip
- M16.0 Bilateral primary osteoarthritis of hip
- S73.1 Sprain of hip

Other/Explain (Include Code): \_\_\_\_\_

Our evaluation of the above patient has determined that providing the following hip pain orthosis product will benefit this patient:

### DISPENSE:

L1690 - Combination, bilateral, lumbo-sacral, hip, femur orthosis providing adduction and internal rotation control, Prefabricated, includes fitting and adjustment.

Length of need is 99 months unless otherwise specified 99\_ (99= LIFETIME)

Physician Signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

Physician Name: Dr. Marguerite Gump NPI: 1982604328

|  |  |  |  |   |  |
|--|--|--|--|---|--|
| tesis  |  | Tara Bioscience<br>7130 Business Center Dr. Suite 300<br>Houston, TX 77043 |  | CARDIOVASCULAR DISEASE (CVD)<br>GENETIC REQUESTION FORM |  |
| Fax Back To: 1-800-657-6619  |  | PHONE: 855-249-8378<br>O.M. 450382289                                      |  | REP. #5<br>CHART: C007247515                            |  |
| Date Received: _____<br>Tech Initials: _____   |  | Please submit both pages of this form (Pages 1 & 2)                        |  | Lab Accession # _____                                   |  |
| 1. PATIENT INFORMATION   |  |  | 2. PHYSICIAN INFORMATION   |   |  |
| Last Name: [REDACTED] MI   |  |  | Facility Name: _____   |   |  |
| First Name: [REDACTED] Sex: F  |  |  | Referring Physician: LAUREN C SCHWARTZ   |   |  |
| Date of Birth: [REDACTED] Yr M D   |  |  | Medical Credential: NPI 1093991267   |   |  |
| Address: [REDACTED] EASTHAMPTON MA 01027   |  |  | City: [REDACTED] State: [REDACTED] Zip: [REDACTED]   |   |  |
| City: [REDACTED] State: [REDACTED] Zip: [REDACTED]   |  |  | City: [REDACTED] State: [REDACTED] Zip: [REDACTED]   |   |  |
| 3. SPECIMEN INFORMATION  |  |  | 4. PAYMENT INFORMATION   |   |  |
| Specimen type: <input checked="" type="checkbox"/> Urine <input checked="" type="checkbox"/> Saliva <input type="checkbox"/> Blood   |  |  | <input checked="" type="checkbox"/> Insurance <input type="checkbox"/> Cash <input type="checkbox"/> Other |   |  |
| Collected by: _____ Date: _____ Time: _____  |  |  | Medicare ID: _____<br>Name of Insurer: MEDICARE<br>HIP: _____ Exp: _____                                   |   |  |
| 5. Test Selection:   |  |  |  |   |  |
| Comprehensive Cardiovascular NGS (126 Genes) <input checked="" type="checkbox"/>   |  | Comprehensive Cardiovascular NGS (111 Genes) <input type="checkbox"/>      |  |   |  |
| Comprehensive Amyloidosis NGS (277 Genes) <input type="checkbox"/>   |  | Comprehensive Amyloidosis NGS (277 Genes) <input type="checkbox"/>         |  |   |  |
| 6. INDICATION FOR TESTING: (Check all that apply)  |  |  |  |   |  |
| <input checked="" type="checkbox"/> Diagnostic <input checked="" type="checkbox"/> Pre-symptomatic <input checked="" type="checkbox"/> Family History  |  |  |  |   |  |
| <input type="checkbox"/> Family Variant <input type="checkbox"/> Other   |  |  |  |   |  |
| 7. DIAGNOSTIC INFORMATION: (ICD 10 Code/s, ICD9 Procedure)   |  |  |  |   |  |
| I10, Z70.01, R07.9, R04.01, Z92.42, Z92.49   |  |  |  |   |  |
| *ICD 10 codes approved unless changed on page 3  |  |  |  |   |  |
| 8. MEDICAL NECESSITY:  |  |  |  |   |  |
| Please complete page 2 of this form and attach clinical notes for medical necessity.   |  |  |  |   |  |
| 9. CONFIRMATION OF INFORMED CONSENT & MEDICAL NECESSITY:   |  |  |  |   |  |
| The tests ordered are medically necessary for the diagnosis, prognosis, or determination of disease, or for the management, prevention, or treatment of disease. The results will determine the patient's medical management and treatment decisions. The patient has read and understood the risks, benefits, and limitations of the tests. The patient has provided written informed consent for the tests. Genetic testing has been consented to genetic testing. |  |  |  |   |  |
| Any Genetic testing not performed by this laboratory will be forwarded to another CLIA certified reference laboratory.   |  |  |  |   |  |
| Physician Signature: _____ Date: _____   |  | Patient Signature: _____ Date: _____                                       |  |   |  |

# Compliance Key Messages

- VMG Board of Directors Maintains a Compliance Policy which requires:
  - Establish a Compliance Program
  - Establish a Compliance Committee
  - Designate a Compliance Officer
  - Provide Education and Training in regard to VMG Compliance Program
  - Monitor, Investigate and remediate any reports of suspected or identified violations of Compliance Program



# VMG Compliance Program

- Compliance Program includes written standards of conduct, policies and procedures that promote commitment to compliance with Federal and State healthcare regulations.
  - Examples: HIPAA Policies, Confidentiality Agreements, VMG Code of Conduct
- Compliance Committee Chaired by Compliance Officer:
  - Reviews Data Security issues/complaints
  - Reviews Privacy issues/complaints
  - Reviews changes in Federal/State laws for privacy and confidentiality
  - Reviews coding compliance and regulations
  - Reviews Employment Law issues
  - Updates compliance policies to reflect new or updated Rules and Regulations

# Who is managing this at

## VMG?

We all are!

In addition to the Board of Directors, Compliance Committee members, and the components of VMG's compliance program, all staff and providers are responsible to recognize and report Fraud Waste & Abuse!

If you see or suspect something, say something! You can report concerns to your supervisor, or email [qualityreporting@vmgma.com](mailto:qualityreporting@vmgma.com).