Smoking Counseling Script for Nursing

Intended as a prompt for discussion about smoking when appropriate

Our Records indicate that you are a smoker. Is this correct?

If yes, are you interested in nicotine replacement therapy, like nicotine gum or lozenges, or would you like to speak to our Tobacco Treatment Specialist, Tim Sweeney? You can get weekly texts from him, join his online support group, or get personal one-on-one counseling at no cost to you.

YES information continued:

- We have nicotine gum, lozenges, and patches that I can offer you today to help cut back or quit. The patch helps with withdrawal symptoms, and the gum then helps w/ the urges. Patients often use both. I can send that over today and insurances do cover this.
- Smoking is the most preventable cause of death and we want to help you cut back or quit however we can.
- Would you like an appointment with your provider or with our Tobacco Treatment Specialist/Coach Tim Sweeney to discuss other medications? Would you like the website to watch his 3 minute video? (vmgma.com)

NO:

- We are here to help you if you want to quit or cut back in the future.
- The nicotine gum and lozenges, etc are covered by your insurance or by the state for free through Quitworks. Please let us know in the future if we can help.

MACROS for Patient Cases

- 1) .nsg_smoking_no: May close patient case if no other info that needs to be reviewed The smoking cessation script was initiated; patient not interested at this time.
- 2) .nsg_smoking_yes: Add, delete, amend these lines within the macro in the patient case to make your documentation accurate. Leave patient case open in review to provider.

The smoking cessation script was initiated; patient agrees to: (drop-down menu)

- Lozenges; Rx queued
- Nicotine gum; Rx queued
- Nicotrol inhaler; Rx queued
- Nicotrol spray; Rx queued
- Patches-Rx queued
- Appointment with provider to discuss meds
- Referral to tobacco treatment specialist; patient case sent to specialist