

Criteria for Decision to Recommend Isolation for COVID-19 Illness, Exposure or Symptoms for *Patients*

COVID-19 Symptoms of concern include fever or chills, cough, and sore throat.

Isolation For:	Isolation Time Period & Ability to Be at Work
<p>Positive COVID-19 <i>EVERYONE REGARDLESS OF VACCINATION STATUS</i></p>	<p>Day 0, first day of symptoms OR day of positive test was taken, whichever is earlier</p> <p>Isolate for Days 1 through 5. Wear a high-quality mask when you must be around others at home and in public. If you never had symptoms or symptoms are improving, you may end your isolation on day 6. Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 through day 10. You should wear a high-quality mask through day 10.</p>
<p>EXPOSED TO COVID-19 <i>EVERYONE REGARDLESS OF VACCINATION STATUS</i></p>	<p>No isolation/quarantine as long as asymptomatic May work/attend school Wear a high quality mask for 10 days You must self-monitor for symptoms for 10 days. Complete a COVID-antigen test at home; optimal on day 5 if possible.</p> <p><i>COVID-19 TEST RESULTS</i> <i>If your test results are positive, follow isolation guidelines above</i> <i>If your results are negative, you may end isolation</i></p>

Patients Visiting a VMG Health Center

<p>Masks for patients, family, guests in health centers</p>	<p>Patients will be requested to wear a mask for any symptoms of respiratory illness and/or concern for COVID-19.</p> <p>Please request a patient to wear a mask if they share when scheduling an appointment they have respiratory illness or concerns for COVID-19.</p> <p>Patients may request a VMG staff member to wear a mask for care/visit and VMG will respect and follow the patient request.</p>
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Approved: Meghan Gump MD, Medical Director
September 21, 2023