

VMG Smoking Cessation Guideline

MA identifies smokers. MA identifies use of any other nicotine products.
MA opens the smoking template

Begin a collaborative conversation about smoking: "Tell me about your smoking" or "Can I talk to you about smoking?"

Patient is interested in smoking cessation

Patient is not interested in smoking cessation

Using smoking template:
Look at smoking habit pattern:
Assess physiological dependence-review physiology, Review CO monitor, Fagerstroms Test, Pack WRAP
Review behavioral resources- Quit Works, MA resources
Refer to smoking cessation group
Offer Tobacco Treatment Specialist consult and text program
Offer Integrated Behavioral Health
Offer pharmacological treatment: NRT, bupropion, varenicline
Discuss risks/benefits of e-cigarettes
Emphasize: "New treatments for smoking"

Ask permission to give information about VMG resources while acknowledging the patient has declined services now

If "no", acknowledge the patient's decision, let them know you are here if they change their mind
Do not offer education or try to convince the patient to pursue cessation

If yes, mention smoking cessation groups, community resources, Integrated Behavioral Health and medications (briefly)

Refer to community resources

Arrange for follow up appointments
Post CO reading

Initiate collaborative discussion at all subsequent visits