



## Multidimensional assessment of COPD

| <b>GOLD "ABCD" grading: Assessment of symptoms and risk of exacerbations for initiation of COPD therapy</b> |                                             |                                            |
|-------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------|
| <b>Assess exacerbation risk:<br/>Exacerbations/Hospitalizations</b>                                         | <b>Assess symptoms</b>                      |                                            |
|                                                                                                             | <b>mMRC* 0 to 1; CAT &lt;10<sup>¶</sup></b> | <b>mMRC ≥2; CAT ≥10</b>                    |
| 0 or 1 exacerbations without hospitalization                                                                | A                                           | B                                          |
| ≥2 exacerbations or ≥1 hospitalization                                                                      | C                                           | D                                          |
| <b>GOLD: Severity of airflow limitation (based on postbronchodilator FEV<sub>1</sub>)</b>                   |                                             |                                            |
| <b>Stage</b>                                                                                                | <b>Severity</b>                             | <b>FEV<sub>1</sub> (percent predicted)</b> |
| <b>In patients with FEV<sub>1</sub>/FVC &lt;0.7:<sup>Δ</sup></b>                                            |                                             |                                            |
| GOLD 1                                                                                                      | Mild                                        | ≥80                                        |
| GOLD 2                                                                                                      | Moderate                                    | 50 to 79                                   |
| GOLD 3                                                                                                      | Severe                                      | 30 to 49                                   |
| GOLD 4                                                                                                      | Very severe                                 | <30                                        |

COPD: chronic obstructive pulmonary disease; GOLD: Global Initiative for Chronic Obstructive Lung Disease; mMRC: modified Medical Research Council dyspnea scale; CAT: COPD Assessment Test; FEV<sub>1</sub>: forced expiratory volume in one second; FVC: forced vital capacity.

\* mMRC dyspnea scale: Refer to UpToDate graphic.

¶ <http://www.catestonline.org>.

Δ The GOLD guidelines ([www.goldcopd.org](http://www.goldcopd.org)) prefer the threshold of <0.7 to the alternative of the fifth percentile lower limit of normal (LLN) for FEV<sub>1</sub>/FVC.

*From the Global Strategy for the Diagnosis, Management and Prevention of COPD 2017, © Global Initiative for Chronic Obstructive Lung Disease (GOLD), [www.goldcopd.org](http://www.goldcopd.org). Adapted with permission. The content within this table is still current as of the 2019 GOLD report.*

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