**Greenfield Area Therapists**

**Generalists:**

Erika Higgins-Ross, LMFT, Deerfield (413)824-2249; BCBS, Cigna, HNE

Amy Robinson, LICSW,Greenfield-Adults & Geri  (413)241-8799 lots of insurances

Virginia Fleet, LMHC,Greenfield (413)824-1951 Adults; DBT & EMDR; OPTUM, Harvard P, UBH, BSBC, Cigna, Tricare/MHN

Sarah Serwa (413) 230-7945 MassHealth

Lindsay Morin Ciepiela, LICSW, DBT and Women’s issues; Greenfield/Sat hrs; BCBS, Tufts, Cigna, UBH, HNE, BMC

Ronald Meck, MA, LMHC, Adolescent/young adult; couples; Shutesbury office (413) 367-9763

Annie Sargent-Yolish,MA, LMHC Bank Row Greenfield (413)522-5735 children age 5 up, adol, families

David Yolish, LMCH, Adol up Aspergers and mild Autism (413)325-3555

Jane Harris- peer support for women whose partner’s have come out 625-6636

Karen Earl - kids, family work. 10 Sears St. Shelburne Falls

Spanish speaking therapist as of 3/2016: Laurel Carangelo 413-774-1000 x2135 - Greenfield MA

Sue Levine [Address](https://www.google.com/search?q=susan+levine+licsw+address&stick=H4sIAAAAAAAAAOPgE-LVT9c3NEw2yjHMMc_O0pLNTrbSz8lPTizJzM-DM6wSU1KKUouLAU0uKk0wAAAA&sa=X&ved=0ahUKEwi6vdOlm87bAhXN21MKHXeECjUQ6BMIlwEwFQ): 116 Federal St, Greenfield, MA [Phone](https://www.google.com/search?q=susan+levine+licsw+phone&sa=X&ved=0ahUKEwi6vdOlm87bAhXN21MKHXeECjUQ6BMImgEwFg): [(413) 772-6300](https://www.google.com/search?q=sue+levine+greenfield&oq=sue+levine+greenfield&aqs=chrome..69i57.2495j0j7&sourceid=chrome&ie=UTF-8)

Carolyn Wallace - LICSW - Greenfield (413) 372-8644

Erik Muten (413) 537-2475

Peter Corbett (413) 579-6185 Northampton  24 South Prospect Street  Amherst, Massachusetts (413) 579-6185

Kipp Armstrong (413) 584-0445 --> anxiety, personality disorders

John D. Boles - 55 Federal St. Greenfield MA [(413) 772-2935](https://www.google.com/search?ei=BtMrW5ieOKfn5gL5m7jgDw&q=david+boles+therapist+greenfield+ma&oq=david+boles+therapist+greenfield+ma&gs_l=psy-ab.3..33i21k1.3030.6421.0.6556.24.18.0.0.0.0.259.2085.1j9j3.13.0....0...1.1.64.psy-ab..11.12.1923...0j0i67k1j0i22i30k1j33i160k1j0i8i13i30k1j33i22i29i30k1.0.bBPQK_x8LIk) see kids

Karen Rowe - Northampton - 413-585-8279

Judy Swanson - 241 King Street, Suite 218 Northampton, (413) 485-7186

Lynda Delamater - Northampton - DBT therapist

**Elders:**

Janet Porcelli, LICSW (413) 548-6217; Anxiety, OCD training, Older adults/home visits; Geri group; Medicare, Medicaid QMB, BMC, Tricare, HNE, BCBS, Beacon, Aetna, Cigna

Susan Sprung, LICSW (413) 772-0707 Anxiety; Medicare, BMC - really good with elderly/geriatrics

**Addiction:**

Patrick Walden 50 Chapman St. 413-772-9506

**Trauma:**

Jenny Underdown, LICSW (413) 210-4359; Trauma, CBT; BMC, Cigna, Aetna, BCBS, UBH, HNE, GIC, Tufts, Medicare

Jennifer Torrey (413) 772-5828 Trauma; Couples; EMDR

Cheryl Case (413) 325-4563; CSO supervisor; Trauma/EMDR - not taking kids currently

Nancy Parland –Trauma/EMDR; CHD (844)243-4357, Pts need to call for intake and request tx w/ her; lots of insurances

Nancy Parland -  EMDR; Center for Human Development; 489 Bernardston Rd, Greenfield; 413-512-583

Jim Helling - trauma specialist in Amherst - EMDR - Psychological Trauma, Dissociation, Embodied Psychotherapy, Mindfulness-based Treatment, Interpersonal Neurobiology, Performance Enhancement, Substance Abuse 26 S Prospect St, Amherst, MA 01002 Phone: (413) 824-2808

Hunter Swanson 238 Main St Ste 4 Greenfield, MA 01301 ( 413) 774-6252

Meg Sullivan 474 Main St Greenfield, Massachusetts (315) 707-4186  - EMDR, trans friendly, reiki, postpartum & infertility

Karen Rowe - Northampton - 413-585-8279 - EMDR

Patrick Walden 50 Chapman St. 413-772-9506

**Internal Family Systems:**

Sue Lederer - EMDR, internal family systems - 413-773-1966 - 28 High St. Greenfield - NOT TAKING PATIENTS CURRENTLY 5/24/18

Annie Sexhauer - IFS, equine therapy - Whatley MA - 413-350-5137

Kathy Eaton - IFS - Greenfield - 413-834-1562

Mark Hart - IFS - Northampton - 413-250-2145

Alison Todd - IFS & couples - Northampton - 413-584-6464

**Kids:**

Karen Earl - kids, family work. 10 Sears St. Shelburne Falls

Meghan Carr - 774-206-9971 - specializing in kids with trauma & anxiety -

John D. Boles - 55 Federal St. Greenfield MA [(413) 772-2935](https://www.google.com/search?ei=BtMrW5ieOKfn5gL5m7jgDw&q=david+boles+therapist+greenfield+ma&oq=david+boles+therapist+greenfield+ma&gs_l=psy-ab.3..33i21k1.3030.6421.0.6556.24.18.0.0.0.0.259.2085.1j9j3.13.0....0...1.1.64.psy-ab..11.12.1923...0j0i67k1j0i22i30k1j33i160k1j0i8i13i30k1j33i22i29i30k1.0.bBPQK_x8LIk) see kids

Children's Clinic - Northampton 17 Brewster Ct, Northampton, MA 01060 [Phone](https://www.google.com/search?q=children%27s+clinic+northampton+phone&sa=X&ved=0ahUKEwjf7pTz0fHbAhXEtFMKHebIBeMQ6BMI7AEwEQ): [(413) 587-3265](https://www.google.com/search?q=cutchins+children%27s+clinic&oq=cutchins+clin&aqs=chrome.2.69i57j35i39j0.4242j0j7&sourceid=chrome&ie=UTF-8)

Hunter Swanson 238 Main St Ste 4 Greenfield, MA 01301 ( 413) 774-6252 - teens only, transgender

Cheryl Case (413) 325-4563; CSO supervisor; Trauma/EMDR - not taking kids currently

Annie Sargent-Yolish,MA, LMHC Bank Row Greenfield (413)522-5735 children age 5 up, adol, families

J. Michael Rowan 486 Main Street, 2nd Floor Greenfield, Massachusetts (413) 353-1064 - works with transgender kids

Andrea Mizula 110 North Hillside Rd Suite 33South Deerfield, Massachusetts (413) 315-5369 - family therapy, art therapy, couples counseling

Sue Levine [Address](https://www.google.com/search?q=susan+levine+licsw+address&stick=H4sIAAAAAAAAAOPgE-LVT9c3NEw2yjHMMc_O0pLNTrbSz8lPTizJzM-DM6wSU1KKUouLAU0uKk0wAAAA&sa=X&ved=0ahUKEwi6vdOlm87bAhXN21MKHXeECjUQ6BMIlwEwFQ): 116 Federal St, Greenfield, MA [Phone](https://www.google.com/search?q=susan+levine+licsw+phone&sa=X&ved=0ahUKEwi6vdOlm87bAhXN21MKHXeECjUQ6BMImgEwFg): [(413) 772-6300](https://www.google.com/search?q=sue+levine+greenfield&oq=sue+levine+greenfield&aqs=chrome..69i57.2495j0j7&sourceid=chrome&ie=UTF-8)

Karen Rowe - Northampton - 413-585-8279 - EMDR, adolescents

**LGBTQ:**

Amy Peterson - Northampton - specializing in LGBTQIQ issues, trauma through family origin, first responders & vicarious trauma, and gender transition - 199 Main St Suite 4 Northampton, Massachusetts (413) 998-0357

Lo Fitzgibbons - gender identity, trauma, anxiety;  28 High Street 2nd Floor Greenfield MA; 413-207-9286

Hunter Swanson 238 Main St Ste 4 Greenfield, MA 01301 ( 413) 774-6252

J. Michael Rowan 486 Main Street, 2nd Floor Greenfield, Massachusetts (413) 353-1064

Patrick Walden 50 Chapman St. 413-772-9506

**OCD:**

Peter Dopp [Address](https://www.google.com/search?q=peter+dopp+address&stick=H4sIAAAAAAAAAOPgE-LVT9c3NEw2NS0qS7Yo0ZLNTrbSz8lPTizJzM-DM6wSU1KKUouLAQO1GmUwAAAA&sa=X&ved=0ahUKEwicr9jrr_HbAhXIqFkKHUJUAOYQ6BMIlQEwFQ): 150 Pleasant St #108, Easthampton, MA 01027 [Phone](https://www.google.com/search?q=peter+dopp+phone&sa=X&ved=0ahUKEwicr9jrr_HbAhXIqFkKHUJUAOYQ6BMIqAEwFw): [(413) 535-6267](https://www.google.com/search?q=peter+dopp&oq=peter+dopp&aqs=chrome..69i57j0l5.4604j0j7&sourceid=chrome&ie=UTF-8) specializes in OCD and exposure/reexposure

**Orange/Athol**

Cindy Reum, LICSW (978) 544-1503 BCBS, HNE, Fallon, Beacon, Tufts, BMC, Network Health, UBH, GIC, Aetna, Cigna, NO standard Mass Health

Tricia McLeod, LMHC (978)631-2371; BMC- Has psychology today listing

Lisa Freden (Petersham) (978) 724-0230

**Couples**

Kevin Blanchard (413) 579-6113; Psychology Today

Jonathan Thomas, LICSW (413) 773-4449

Jennifer Torrey (413) 772-5828 Greenfield

Louise Hoff (413)498-5830 Psychology Today; Sat appointments

Thom Herman 35 State Street Northampton 374-1330 (does not accept insurance)

Eve Bogdanove (413)992-6591, Greenfield

Alison Todd - IFS & couples - Northampton - 413-584-6464

Andrea Mizula 110 North Hillside Rd Suite 33South Deerfield, Massachusetts (413) 315-5369

**Eating Disorders**

Katherine Waggoner; Springfield James Levine & Associates;  [413-534-7400](https://jameslevineassoc.com/%22%20%5Ct%20%22_blank)

**Aspergers**

Community Resources for People with Autism Easthampton (413)529-2428

Su Hoyle-Coach (has list of Asperger’s therapists) (978)544-0044 \*no insurance

Karen Nolen, LICSW (413)658-7514 South Deerfield

David Yolish, LMCH, Adol up Aspergers and mild Autism (413)325-3555

**Art Therapists**

Holly Majkut (413)665-2110, South Deerfield

Dawn Schwartz (413) 665-4880

Andrea Mizula 110 North Hillside Rd Suite 33 South Deerfield, Massachusetts (413) 315-5369

**Psychiatrists**Shoshana Marchands 155 Main Street, 2nd Floor  Northampton, Massachusetts (413) 650-1402

Robin Rivinus Northampton Thrive Integrative Psychiatry 40 Center Street Suite 7  Northampton, Massachusetts (413) 269-5235 - sliding scale, background as a CNM

Peter Landstrog - CHD Holyoke/Springfield  622 State St  Springfield, MA 01109-4104 Phone: (413) 654-1602

**Acupuncture:**

Greenfield Community Acupuncture - [Address](https://www.google.com/search?rlz=1C1GCEA_enUS807US807&q=greenfield+community+acupuncture+address&stick=H4sIAAAAAAAAAOPgE-LWT9c3LEmzLLAwzNGSzU620s_JT04syczPgzOsElNSilKLiwElwhPPLgAAAA&ludocid=8034882857221168097&sa=X&ved=2ahUKEwiP5Jae0sncAhUMW60KHTFBBzMQ6BMwEnoECAgQKw): 345 Main St, Greenfield, MA 01301  [(413) 772-0077](https://www.google.com/search?q=greenfield+community+acupuncture&rlz=1C1GCEA_enUS807US807&oq=greenfield+community+acc&aqs=chrome.1.69i57j0l5.8396j0j7&sourceid=chrome&ie=UTF-8)

Cathy Dean Kathryn Dean 1 Ashfield Street Suite 1 Shelburne Falls, Massachusetts (413) 650-6415

**Addiction/Recovery Resources:**

**The Recover Project-**55 Federal St Greenfield 774-5489; peer support- LOTS of programs & resources- [www.recoverproject.org](http://www.recoverproject.org/)

**Western MA Recovery Learning Community-**74 Federal St Greenfield 539-5914

**The Thrive Project for Young Adults**37 Third St., Turners Falls 413-863-6340

**Dial/Self**21 Abbott St  Greenfield 774-7054

**Community Action! Youth Programs**154 Federal St., Greenfield 774-7028

**MA Youth Substance Abuse Services**   (617)661-3991 |866-705-2807

**Domestic Violence/Sexual Assault/Rape-**

**NELCWIT**-New England Learning Center for Women in Transition 479 Main St Greenfield 772-0871 (\*Orange office )- DV support & rape crisis/hotline 772-0806

**Center for Women and Community**-UMASS- www.umass.edu/cwc/ open to women in community; Free groups and workshops

**Mens Resource Center**-Healthy Men & Boys Network- Amherst; 586-3743 [www.hmbnetwork.org](http://www.hmbnetwork.org/); Moving Forward-program thru ServiceNet for anger

**Psychosis/First Episodes:**

**PREP program-ServiceNet 1236 Main St Holyoke-** day treatment program for first episodes of psychosis (bipolar or schizophrenia); Therapy, medication management, family support. Focus on stabilization and re-integration as quickly as possible. Call Anne Hopkinson, Program Director, for referrals (413)561-0060

**STEP program UMASS Medical Center- (508)856-6463;**For early onset psychosis; Pt can call on his/her own. Dr. Xiaoduo Fan, MD, also provides consultation services for schizophrenia in general via Community Health Link. Call above number to make referral.

**Support Groups:**

**Addiction-**Learn to Cope [www.learn2cope.org](http://www.learn2cope.org/) Weekly support group at GCC for for families; Tues 7pm Main Bldg, 2nd fl, Rm C-208

**Bereavement**

Hospice Franklin County –3 Individual appointments available & ongoing groups; call for info 413 774-2400- Morgan Ban-Draoi

BFMC- Loss of a Child- Meeting monthly at hospital-

The Garden-for Grieving Children & Teens, Northampton, 584-3796

Suicide-Surviving After Suicide Group-Northampton; monthly Geraldine Unger sas4healing@gmail.com

**Cancer** Cancer Connection www.cancer-connection.org

**Dementia** Caregiver’s Support Group @FCHCC 2x/month 773-5555 call for date & time

**Suicide-**Alternatives to Suicide Group Tuesdays @ RLC 74 Federal St Greefield 539-5914

**Teens-** Dial Self-Youth and Community Services Greenfield 774-7054

**Mothers-** Circle of Moms/Community Action 90 Federal St. Greenfield 475-1566

**Assessments**

**Children Specific Testing/Therapy:**

Cutchins Program for Child and Family:17Brewster Ct Northampton 413 587-3265. <http://cutchins.org/programs/childrens-clinic/>

Collaborative for Educational Services:123 Hawley St Northampton 586-4900

Haffey Center for Attention and Memory-ADHD evals 433 West St. Amherst Nancy: 256-3393 or Mark: 259-1654

**ADHD:**

Learning Solutions for Learning Success, Florence 584-0265, Sheri Katz & Dan Plotkin

**Autism:**

Learning Solutions for Learning Success, Florence 413-584-0265

**Neuropsychology:**

Memory Disorder Program- Baystate Springfield – 794-5555 adults and children age 6 & up

\*\*\*Geriatric Psychiatry Dr. Susan Megas, APRN-PC,Ph.D. @ Memory Disorders Clinic 794-5555

Claudia Rutherford S. Deerfield 475-0265 children mostly & adults under 55yrs-HNE, Tufts, MBHP; [www.claudiarutherford.com](http://www.claudiarutherford.com/)

**Medical Marijuana Cards**

Canna Care Docs 243 King Street, Suite 247, Northampton, MA 01060

781-382-8053

<https://cannacaredocs.com/>

**Crisis Services**

-crisis text line 741741

**Mindfulness Based Stress Reduction**

-ONLINE: FREE- Mindfulness Based Stress Reduction Course: Palouse Mindfulness ( GOOGLE IT)